

## Renal Services

# Pyridoxine: Information for kidney transplant patients

### What is it used for?

Pyridoxine is a type of vitamin B used to prevent tingling hands and feet, a side effect associated with isoniazid tablets.

### How does it work?

Vitamin B is needed for nerves in your body, especially in the hands and feet, to work properly. Isoniazid can cause you to lose vitamin B, so pyridoxine is used to replace this.

### How do I take it?

You should take two tablets or capsules daily whilst you are taking isoniazid. This medication is usually prescribed for the first 9 months following your transplant. Pyridoxine is available as 10mg tablets or capsules.

### Are there any side effects?

You are unlikely to suffer from any side effects whilst taking pyridoxine. If you experience tingling hands and feet you should tell your doctor as soon as possible.

The Trust has access to interpreting and translation services. If you need this information in another language or format please contact 024 7696 7777 and we will do our best to meet your needs.

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