

Renal Services

Live kidney donation – follow up care for live donors at UHCW NHS Trust

You will have been provided with your discharge information by the Living Donor Transplant Co-ordinator prior to your surgery/donation.

Once you have returned home a follow up telephone clinical call from a member of the Living Donor transplant team is made within 48 hours to ensure you are recovering well and answer any questions you may have.

If you are unwell and/or experience any of the problems listed below after your surgery you should phone any one of the numbers on this information sheet and not wait for your six week appointment. Every effort will be made to ensure you are reviewed by a Doctor within the Transplant team if necessary.

- increased pain to wound area
- Excessive discharge from wound
- Fever
- Discomfort or burning during urination
- increased frequency of urination
- Cloudy urine, or urine with an unusual smell.



Patient Information

The first clinic appointment – 6 weeks

At the first appointment you will be assessed by one of the Transplant Surgeons and one of the Live Donor Transplant Co-ordinators. Blood tests, urine samples, blood pressure readings and wound assessment are all checked to ensure that single kidney function is well maintained and within acceptable parameters following your kidney donation. The team will require information regarding your bowel movements, diet, fluids and pain control. If no further input is required at this time you will be discharged from the surgical care team aspect following this assessment.

The second clinic appointment – 6 months

At 6 months you will be assessed by one of Living Kidney donor Transplant Co-ordinator. Routine bloods, urine and Blood pressure are checked and documented as per first appointment.

Yearly Follow-up

At one year you will be offered yearly follow-up assessments with the Renal Physicians at UHCW NHS Trust where your donation took place, a centre of your choice or your own General Practitioner. Each year around the anniversary of your donation, live kidney donors will receive an appointment to attend clinic to be reviewed by a Renal Consultant. If you have chosen to be followed up at UHCW you will be required to contact the Live Kidney Donor Transplant Co-ordinators two weeks before their appointment in order for your blood forms to be sent to you. You will then be required to book and have the blood test done locally.

(This process may be different at other transplant centres)

It is very important you attend your annual appointments. If you do not receive this appointment please contact the Transplant Office.

If you cannot attend the appointment allocated to you please contact the appointments department to rearrange.

Patient Information

For further information please contact:

Jane Reid 024 7696 7790

Laura Fraser 024 7696 7828

The Trust has access to interpreting and translation services. If you need this information in another language or format please contact 024 7696 7790 and we will do our best to meet your needs.

The Trust operates a smoke free policy

Document History

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Donor nephrectomy clinic appointments

Affix Banda Label

Date of kidney donation

Date of discharge

Telephone call at 48 hours

6 week appointment with Surgeon.....

6 week appointment with Live Donor Coordinator.....

6 month appointment with Live Donor Coordinator.....

Annual appointment with Consultant Nephrologist (This will be sent by post nearer to the date of the appointment)

Contact numbers:

Jane Reid 024 7696 7790

Laura Fraser 024 7696 7828