

Patient Information

Renal Services

Fludrocortisone: Information for kidney transplant patients

What is it used for?

After your transplant you may find that to begin with you pass large volumes of urine. During this stage, it may be difficult for you to drink enough to prevent becoming dehydrated. Fludrocortisone is used to help decrease the amount of urine you pass.

How does it work?

Fludrocortisone is a type of steroid that is used for several different conditions. It works as one of its side effects is to cause you to keep water in your body and decrease the amount of urine you pass.

How do I take it?

You will need to take fludrocortisone once daily, usually in the morning. You may need to take up to three tablets a day, depending on how much urine you are passing.

Fludrocortisone is available as 100 microgram tablets.

Are there any side effects?

You may notice some swelling of the ankles. Your doctor will regularly review your dose of fludrocortisone to make sure you are not keeping too much water in your body.

Is there anything else I should know?

You should store your fludrocortisone tablets at room temperature.



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The Trust has access to interpreting and translation services. If you need this information in another language or format please contact 024 7696 7777 and we will do our best to meet your needs.

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