

Renal Services

Fludrocortisone: information for kidney transplant patients

What is fludrocortisone used for?

Fludrocortisone is a type of steroid that is used for different conditions.

After your transplant, you may pass a lot of urine to begin with. You are at risk of dehydration when this happens. This is because it can be difficult for you to drink enough to replace what you pass. Fludrocortisone is used to help reduce the amount of urine you pass.

How does fludrocortisone work?

Fludrocortisone can cause you to keep water in your body and reduce the amount of urine you pass.

How to take fludrocortisone

You will need to take fludrocortisone once a day, normally in the morning. You may need to take up to 3 tablets a day. This will depend on how much urine you are passing.

Fludrocortisone is available as 100 microgram tablets.

Side effects

You may notice ankle swelling. Your doctor will regularly review your dose of fludrocortisone. This is to check that you are not keeping too much water in your body.

Storing fludrocortisone

Please check the pharmacy label and store them accordingly as some brands of fludrocortisone tablets should be stored at room temperature and some others in the fridge.



Patient Information

The Trust has access to interpreting and translation services. If you need this information in another language or format, please contact 024 7696 7777 and we will do our best to meet your needs.

The Trust operates a smoke free policy.

Did we get it right?

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