

## Renal Transplantation

# Live Kidney Donation – Tests for potential kidney donors from overseas

Potential donors have to get many tests to make sure they are medically fit to donate a kidney. This means that they tend to be under the age of 80. You must have 2 healthy kidneys and have excellent kidney function. This is to make sure that you will be able to lead a normal life with just 1 kidney after donation.

### Tests:

The following is a list of tests required for potential kidney donors from overseas.

### Blood tests:

- Blood group
- Urea Electrolytes and Creatinine
- Liver function tests
- Full blood count
- Blood glucose
- Cholesterol
- Virology to include Hepatitis B & C, CMV, Varicella Zoster, Syphilis, HIV and EBV

### Other tests:

- Urinalysis for blood and protein
- MSU (mid stream urine for cell count and culture)



## Patient Information

- Renal ultrasound scan
- Blood pressure taken on three different occasions
- Chest X-ray

## Further Information

For further information please contact:

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The Trust has access to interpreting and translation services. If you need this information in another language or format please contact 024 7696 7790 and we will do our best to meet your needs.

The Trust operates a smoke free policy.

To give feedback on this leaflet please email [feedback@uhcw.nhs.uk](mailto:feedback@uhcw.nhs.uk)

### Document History

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