

Patient Information

## Renal Services

# Nystatin: Information for kidney transplant patients

### What is it used for?

When your immune system is suppressed you may become more prone to mouth infections. Nystatin is an anti-fungal liquid that helps to prevent this infection.

### How does it work?

It works by preventing the fungus responsible for mouth infections from increasing and causing infection.

### How do I take it?

You should measure 5ml using the oral syringe and rinse around the mouth and then swallow once daily for the first six months after your transplant.

Nystatin is available as a 100,000 units in 1ml suspension.

### Are there any side effects?

Side effects are rare, but you may have a mild upset stomach with sickness and indigestion.

The Trust has access to interpreting and translation services. If you need this information in another language or format please contact 024 7696 7777 and we will do our best to meet your needs.

The Trust operates a smoke free policy.

[www.uhcv.nhs.uk](http://www.uhcv.nhs.uk)

#### Document History

Department:	Renal transplantation
Contact:	26785
Updated:	September 2020
Review:	September 2022
Version:	4.1
Reference:	HIC/LFT/1532/11

