

## Renal Services

# Omeprazole, Famotidine and Lansoprazole: information for kidney transplant patients

### What are Omeprazole, Famotidine and Lansoprazole used for?

Some of the new medicines you are prescribed after your transplant can cause indigestion or heartburn. You will be prescribed other medicines to prevent this.

### How do these medicines work?

These medicines reduce the amount of acid produced by your stomach. This reduces stomach irritation.

### How to take these medicines

You should take them before a meal or on an empty stomach, 1 or 2 times a day. Famotidine, Lansoprazole and Omeprazole are all prescribed medicines. Your doctor will decide which one is suitable for you. This will depend on your symptoms and if you have taken similar medicines before.

Peptac liquid can also be used with your regular tablets for indigestion after eating.

### Side effects

Side effects are not common. They can include diarrhoea, headache, nausea, constipation, dizziness, muscle pain or insomnia (problems sleeping).

Very rare side effects can include low calcium, low magnesium and low white cell count.



## Patient Information

The Trust has access to interpreting and translation services. If you need this information in another language or format, please contact 024 7696 7777 and we will do our best to meet your needs.

The Trust operates a smoke free policy.

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#### Document History

Department:	Renal Services
Contact:	26785
Updated:	November 2023
Review:	November 2025
Version:	4.2
Reference:	HIC/LFT/1534/12