

Renal Services

Pyridoxine: information for kidney transplant patients

What is Pyridoxine used for?

Pyridoxine is a type of vitamin B. It is used to prevent the tingling hands and feet side effects that can be caused by Isoniazid tablets.

How does Pyridoxine work?

Vitamin B is needed for the nerves in your body, especially your hands and feet. It helps them work properly. Isoniazid can cause you to lose vitamin B. Pyridoxine is used to replace vitamin B.

How to take Pyridoxine

You should take 2 tablets or capsules a day while you are taking isoniazid. Pyridoxine is usually prescribed for the first 9 months following your transplant.

Pyridoxine is available as 10mg tablets or capsules.

Side effects

You are unlikely to suffer from any side effects while taking pyridoxine.

You should contact your doctor as soon as possible if you experience tingling hands and feet.



Patient Information

The Trust has access to interpreting and translation services. If you need this information in another language or format, please contact 024 7696 7777 and we will do our best to meet your needs.

The Trust operates a smoke free policy.

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