

Patient Information

Department of Urology

Urine Flow Test and Bladder Scan



Your Consultant Urologist/Clinical Nurse Specialist has referred you to have a Urine Flow Test and Bladder Scan because you are suffering from urinary problems.

Please attend **Clinic 4** at **University Hospitals C & W NHS Trust**.

Date:

Time:

The following information explains to you the investigations that we will carry out.

What to Expect

When you arrive for your tests you will be asked to wait in an area at the end of the clinic corridor. A nurse will see you as soon as possible. Please be aware that you could be with us for approximately 2 hours.

Bladder Scan

This is an ultra sound scan of your bladder and may be done before and after you have your urine flow test. The purpose of the scan is to find out how well you empty your bladder. The test involves passing an ultra sound sensor over your abdomen and is painless.

Urine Flow Test

This test is designed to find out what volume of urine you pass and the rate at which you empty your bladder. You will be asked to pass urine into a container and a graph will be printed out, showing the amount of urine passed and the rate of flow of urine. You may be asked to perform this test twice.



Patient Information

In order for these tests to be effective you will need to have a full bladder. If possible, please arrive at the hospital with a comfortably full bladder and do not empty your bladder before you see the clinic nurse. You may be asked to drink further fluids whilst you are at the hospital. In hot weather please drink extra fluids. If your bladder is not full at the time of your appointment you may be delayed.

For further information about this test please contact :

Urology Clinical Nurse Specialist Team on 024 7696 5373

The Trust has access to interpreting and translation services. If you need this information in another language or format please contact 024 7696 5149 and we will do our best to meet your needs.

The Trust operates a smoke free policy

Document History

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