

## Urology

# Cystistat bladder instillation

Cystistat is treatment for interstitial cystitis. It replaces the glycosaminoglycan (GAG) layer on the bladder wall, a layer that is thought to be deficient in patients with interstitial cystitis. It is thought that Cystistat can provide relief from symptoms where other treatments have failed.

### How is the treatment given?

Cystistat is instilled directly into the bladder using a thin tube called a catheter. The treatment will be administered by a trained nurse or by your Urologist on an outpatient visit to the hospital.

### How long is treatment needed for?

- Treatment is given weekly for 4 to 6 weeks, then once every month until the symptoms resolve, or the Urologist decides otherwise.
- Improvement in symptoms might not be noted until treatments five or six, therefore it is important not to become disheartened.
- Treatment can be recommenced in the future if symptoms do return.

### Does Cystistat have any side effects?

- Cystistat is well tolerated and has very few adverse reactions.
- Some patients do complain of localised irritation because of the catheterisation procedure itself rather than as a side effect from Cystistat.



## Patient Information

### General advice

You should not experience any pain after the treatment but if you do or it becomes very severe contact your GP. You may drive following your treatment.

### For further information please contact:

Susan Ferguson: 024 7696 5226

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