

Neurology

Information for people with Parkinson's disease coming to hospital for surgery

Preparing for your operation

Keep an up-to-date medication record. Use your repeat prescription from your GP as a reference. Include:

- all the medicines you are currently taking (not only for Parkinson's)
- what time you take each dose

When you attend a pre-operative assessment clinic, tell the nurse that:

- you have Parkinson's disease
- you need your medication at the times prescribed for you

Contact your community Parkinson's disease nurse specialist before admission. They'll discuss medicines management during your stay in hospital with you.

A nurse in the pre-operative assessment clinic may contact your Parkinson's disease consultant for advice on your medication schedule. Your consultant may decide that your medicines need to change for some time after the surgery.



Patient Information

On the day of surgery

Take your medicines with you when you go to hospital. Make sure you have at least a 24-hour supply.

Tell staff you have Parkinson's and how important it is to take your medicine on time. Explain to staff what medicine you take. Show them your medication record.

Keep your medicine in its original packaging. Nursing staff cannot administer your own medicine if they cannot identify what it is. Make sure your medication is pharmacy-labelled.

You'll meet your anaesthetist on the ward before your surgery. It's important that your anaesthetist knows you have Parkinson's and what medicine you take for the condition. Your anaesthetist will discuss your Parkinson's symptoms with you and how they may affect you during surgery.

Pre-operative fasting instructions

- It's important to stay well hydrated before surgery. You can continue to drink water before surgery.
- Do not chew gum on the day of surgery.

For morning surgery	Stop taking at:
Food or milk	2:30 am
Black tea, coffee, squash (not juice), pre-op carbohydrate drink	6:30 am
For afternoon surgery	Stop taking at:
Food or milk	7:30 am
Black tea, coffee, squash (not juice), pre-op carbohydrate drink	11:00 am

Patient Information

Continue to take your Parkinson's medication at the correct times with water as needed.

More information

If you need more information, ask your Parkinson's nurse, consultant, or the specialty carrying out your surgery.

UHCW Parkinson's Disease Specialist Nurses

Direct line: 024 7696 4955

Secretary: 024 7696 5209

The Trust has access to interpreting and translation services. If you need this information in another language or format, please contact us on the telephone numbers on 024 7696 4955 and we will do our best to meet your needs.

The Trust operates a smoke-free policy.

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