



Neurosciences

Multiple sclerosis specialist nursing service

The MS specialist nursing service gives information, advice, and support to people with multiple sclerosis (MS).

Our team have specialist training and an extensive knowledge to care for people with MS.

We are based in the Neurosciences Department at UHCW.

Our MS specialist Nurses:

- Sylvia Lyons
- Michelle Meehan
- Laura Smith
- Sue Tibbles
- Cislyn Morgan-Davis

How to access the service

Newly diagnosed patients

If you are diagnosed with MS in Coventry or Warwickshire, your neurologist will refer you to our team. We will send you an appointment letter and information booklet.



Patient Information

Patients new to the area or service

Ask your GP to refer you to a consultant neurologist or neurorehabilitation consultant if:

- you have recently moved into the area
- you would like to access our service

How to contact us

Call: 024 7696 5128. You can leave a message on voicemail.

Email: uhcw.msteam@nhs.net.

The MS specialist nursing service runs Monday to Friday. This is not an emergency service. We aim to respond to you within 2 working days.

Call 111 or contact your GP if you urgently need medical help or advice but it is not a life-threatening situation.

The services we offer

We can advise you on:

- keeping well
- healthy lifestyle choices
- managing your symptoms
- managing relapses
- treatments and medicines, including steroids & disease-modifying therapies
- employment
- applying for benefits
- family planning, pregnancy and beyond
- referrals to specialist services
- a wide range of information leaflets
- links with other healthcare professionals such as GPs, neurologists, physiotherapists, occupational therapists, social and voluntary service

Patient Information

We can support you through:

- telephone or video consultations
- email advice
- nurse led clinics

Eye clinic

The Eye Clinic is in Clinic 9 at UHCW.

If you have an urgent eye problem and cannot see your community optician or GP, please call 024 7696 4800. The telephone service runs Monday to Friday, 9am to 5pm (except between 1-1.30pm) and Saturday 9am to midday.

Useful links

www.mstrust.org.uk

The MS Trust is a UK charity, providing information for anyone affected by multiple sclerosis, education programmes for health professionals, funding for practical research and campaigning for specialist multiple sclerosis services

www.mssociety.org.uk

With more than 37,000 members, the MS Society is the UK's leading MS charity. Since 1953, they have been providing information and support, funding research, and fighting for the rights of people with MS.

https://shift.ms/

Shift.MS is a social network for people with multiple sclerosis. The site aims to create a positive, enabling community which empowers MSers to acknowledge their MS, rethink how to achieve their ambitions and get on with their lives.

www.msbrainhealth.org

An organisation which aims to provide robust evidence on how to maintain brain health

Patient Information

ms-uk.org

MS-UK is a national charity formed in 1993. MS-UK is here for anyone affected by multiple sclerosis, to empower them to live healthier and happier lives by improving the understanding of MS and providing support where it is needed most.

overcomingms.org

Overcoming Multiple Sclerosis (OMS) is a global charity with a growing community of people from around the world who are making lifestyle changes to help manage their symptoms and live well with multiple sclerosis (MS).

The Trust has access to interpreting and translation services. If you need this information in another language or format, please contact 024 7696 5128 and we will do our best to meet your needs.

The Trust operates a smoke-free policy.

Did we get it right?

We would like you to tell us what you think about our services. This helps us make further improvements and recognise members of staff who provide a good service.

Have your say. Scan the QR code or visit: www.uhcw.nhs.uk/feedback



Document History

Department: Neurosciences

Contact: 25128

Updated: November 2023 Review: November 2026

Version:

Reference: HIC/LFT/2842/23