

Gynaecology

Gynaecological ultrasound scan

A gynaecological ultrasound scan has been booked for you.

Before your scan

Drink 1 litre of fluid (1 3/4 pints) 1 to 2 hours before your appointment. We ask all patients to have a full bladder for the scan.

We may ask you to empty your bladder when you arrive if we do not need an abdominal scan.

What a gynaecological ultrasound scan involves

A gynaecological ultrasound scan involves scanning your womb (uterus) and ovaries. This gives us valuable information about what may be causing your problems.

There are two types of ultrasound scan:

- a tummy (abdominal) scan
- an internal (transvaginal) scan

During an internal ultrasound scan, a camera that is the size of a tampon is placed into your vagina.

The transvaginal ultrasound scan is done after you have emptied your bladder. Usually it only takes a few minutes.

The sonographer or doctor will discuss whether you need one or both



Patient Information

scans when you arrive.

During the examination

The scan takes place in a darkened room. We'll ask you to lie on an examination couch.

Abdominal ultrasound scan

A small amount of gel will be put onto your skin over the area to be examined. A probe is moved over this area by the sonographer or doctor. The images will appear on a monitor.

Vaginal (internal) ultrasound scan

This is usually a painless procedure. It feels similar to having an internal examination, but no speculum is used.

An internal ultrasound scan involves placing a clean, covered, slim probe into the vagina. The probe is then gently moved around to see your womb and ovaries.

An internal examination will only be performed if you consent to it. It is your choice to have an internal examination.

An internal ultrasound scan can be performed anytime during your menstrual cycle. If you are bleeding at the time of your appointment, this will not affect the scan.

Results

The person performing the scan will send the results to your GP or consultant.

Please feel free to ask any questions during the scan.

Patient Information

Latex allergy

Please tell the staff if you have a latex allergy.

More information

If you would like more information, please contact 024 7696 7350.

For more information about ultrasound scans, go to www.nhs.uk/conditions/Ultrasound-scan/.

The Trust has access to interpreting and translation services. If you need this information in another language or format, please contact 024 7696 7350 and we will do our best to meet your needs.

The Trust operates a smoke-free policy.

Did we get it right?

We would like you to tell us what you think about our services. This helps us make further improvements and recognise members of staff who provide a good service.

Have your say. Scan the QR code or visit: www.uhcw.nhs.uk/feedback



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