

## **Obstetrics and Gynaecology: Early Pregnancy Assessment Unit (EPAU)**

# **Miscarriage management during the covid-19 pandemic: Information for you**

Lots of things have been changing over the past few months and this is also the case for how we manage your miscarriage. Due to the pandemic we are adapting our services to reduce the risk to our patients.

The first 2 options detailed in the leaflet: “Your Options Following the Diagnosis of Miscarriage” (Natural management and Medical management) remain unchanged. Although, we would advise you to think about remaining at home if possible rather than having medical management in hospital to reduce your risk of contracting covid-19.

The third option detailed in the leaflet is surgical management of miscarriage. This option would normally be offered under general anaesthetic or under local anaesthetic. At the moment, we are not advising patients to undergo general anaesthesia unless it is an emergency due to the increased risks this might mean for you.

However, there is a way of performing surgical management under local anaesthetic. This is called MVA – “Manual Vacuum Aspiration”. A member of our team will go through the information about this procedure. It is very similar to the operation done under general anaesthetic but you will not be put to sleep. MVA has a high safety profile and also significantly reduces the amount of time you need to spend in hospital.

If you have any further questions, please ask a member of the team looking after you today or phone the Early Pregnancy Assessment Unit (EPAU) on 024 7696 7000.



## Patient Information

The Trust has access to interpreting and translation services. If you need this Information in another language or format please contact 024 7696 7000 and we will do our best to meet your needs.

The Trust operates a smoke free policy.

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