

Patient Information

## Maternity Women's and Children's Services

# Mum plus one information guide

Congratulations on the birth of your baby. UHCW recognises that this is both an exciting and emotional time, and we understand that you may wish your partner or a relative to stay with you overnight on ward 25. We welcome the support that your partner gives to you

To ensure safety, maintain privacy and promote dignity and respect to all of our new mothers, we would appreciate it if you could take a few moments to read the following information guide.

If you would like to stay with your partner/relative we would request:

- You wash your hands regularly and use the hand gel provided.
- Only one adult partner/family member may stay on ward 25 overnight and throughout the day. We request that all other visitors please respect the 7.00pm -8.00pm visiting time.
- Space is limited around the bedside and staff will need access to your partner and new baby. Please unpack your belongings into the locker provided and return bags and suitcases to your car. This will leave the floor space clear.
- You must remain fully dressed at all times and you should not share the bed with your partner/relative. You will be provided with a chair. Please do not lie on empty beds.
- You can assist your partner/relative in baby care by collecting her meals and refreshments if she wishes. If you require any assistance please do not hesitate to ask.
- You are welcome to use the visitor's toilet but you will have to return home to wash or shower. We will be unable to offer you any food, refreshments or bedding.

Meals and refreshments are available in the cafes and restaurants in either the west wing reception on the first floor or main reception on the ground floor.



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Hot food is served in the main canteen on the ground floor. Opening times are:

- 8.00am -11.00am
- 12.00pm - 4.00pm
- 5.00pm - 7.30pm

The Restaurant doors shut at 8.00pm. Food is available from a vending machine from 7.30pm until 7.00am

Ward 25 is a very busy ward 24 hours a day. We would request that you keep noise to a minimum.

If you choose to stay overnight on ward 25 you will still be liable for the car parking charges

Personal items and belongings are left at your own risk

If you have any questions or concerns please speak to the midwife in charge

UHCW NHS Trust operates a zero tolerance policy towards abuse of their staff. There may be some circumstances where the mum plus one service may not be able to be offered. If you are asked to leave we would appreciate that you would do so when asked.

If you would like to speak to a Supervisor of Midwives about any aspect of your care, one can be contacted via the main switch board on 024 7696 4000

The Trust has access to interpreting and translation services. If you need this information in another language or format please ask staff and we will do our best to meet your needs.

The Trust operates a smoke free policy

### Document History

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