

Maternity

Enhanced Maternal Care (EMC) on Labour Ward at UHCW

Welcome to Enhanced Maternal Care on Labour Ward at UHCW

In this area, you will be monitored more closely than in other maternity areas.

What is Enhanced Maternal Care?

We can provide more complex care using special equipment and monitoring. We can respond to your care needs because of the monitoring and specially trained midwives who will care for you. We ensure that your health needs are met, including pain control, to ensure that your recovery is as speedy as possible.

You will have a midwife caring for no more than two women who need enhanced care.

Whilst in the enhanced care area, medical and health professionals will review your plan of care daily. They will work closely with your midwife to make sure that your needs are met. Midwives in this area would have been trained to provide enhanced care. They are supported and led by the Advanced Clinical Practitioner in Enhanced Maternal Care (EMC).

Why do you need EMC?

You may have a health problem which may or may not be related to your pregnancy. Examples could be related to:

- The heart
- Bleeding
- Diabetes
- Blood pressure
- Neurological/the head



Patient Information

If you have had your baby

- They will stay with you if they do not need to go to the neonatal or special care.
- If they do need to be away from you, we will ensure that you are taken to visit them as soon as you are well enough. Sometimes your baby may be able to visit you.
- If you wish to breast feed and your baby is not with you, we can help you express colostrum or milk.

How long will you need to stay with us?

- It may range from hours to days, but your partner is welcome to stay with you throughout your stay.
- We will limit the number of other visitors so you can rest and recover properly.

To assist in your recovery, we will ask you to:

- Practice deep breathing exercises
- Do Leg exercises
- Start moving around as soon as possible
- Rest and sleep
- Wear anti-thrombotic stockings and possibly have injections to help prevent blood clots

What happens when you leave the enhanced care area?

The team will decide when you are well enough to be discharged to the ward. We will aim to transfer you to the ward as soon as possible.

The midwife will hand over your care to the ward midwife. The ward midwife will be caring for several women, but a member of the Enhanced Maternal Care Escalation and Response Team will ensure that you are seen on the day of discharge or the following day.



Patient Information

Did we get it right?

We would like you to tell us what you think about our services. This helps us make further improvements and recognise members of staff who provide a good service.

Have your say. Scan the QR code or visit:

www.uhcw.nhs.uk/feedback



Document History

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