

Women and Children's

Enhanced Maternal Care on Labour Ward at UHCW

Welcome to Enhanced Maternal Care on Labour Ward at UHCW

In this area, you will be monitored more closely than in the other areas of maternity.

What is Enhanced Maternal Care?

We are able to deliver complex care, using specific equipment and monitoring. We can respond to your care needs because of the monitoring and specially trained midwives who will care for you. We ensure that your health needs are met, including pain control, to ensure that your recovery is as speedy as possible.

You will have a midwife who will be responsible for no more than two ladies who require enhanced care.

Whilst in the enhanced care area, members of the medical and health professional teams will be involved in, and review your plan of care on a daily basis, liaising with your midwife to ensure that your needs are met.

Midwives in this area would have been trained in delivering enhanced care and are led by the Advanced Clinical Practitioner in Enhanced Maternal Care (EMC).



Why do you need EMC?

Reasons for needing enhanced care

It could be that you have either a pregnancy related problem, or a medical problem which has occurred outside of your pregnancy.

Examples of these could be related to:

- The heart
- Bleeding
- Diabetes
- Blood pressure
- Neurological / the head
- Kidneys
- Gastric / bowels
- Breathing
- Infection

If you have had your baby

- They will stay with you if they do not need to go to the neonatal or special care baby unit. If they do need to be away from you, we will ensure that you are taken to visit them as soon as you are well enough. Sometimes the baby is able to visit you.
- If you wish to breast feed, and your baby is not with you, we can help you to express colostrum / milk.

How long do you need to stay with us?

- It may range from hours to days, but your partner is welcome to stay with you throughout your stay. We will limit the number of other visitors, as you will need your rest and time to recover.

To assist in your recovery we will ask you to:

Practice deep breathing exercises

- Perform Leg exercises
- Start moving around as soon as possible
- Rest and sleep
- Wear anti thrombotic stockings and possibly injections to help in the prevention of blood clots

Patient Information

Contact details

If you feel you would like to speak to someone about your experience in the enhanced care area once you have left, please contact us.

Advanced Clinical Practitioner in Enhanced Maternal Care

Email: UHCW.EMCERT@nhs.net

Telephone number: 024 7696 4000 bleep 5359

The Trust has access to interpreting and translation services. If you need this Information in another language or format please contact us on 024 7696 7339 and we will do our best to meet your needs.

The Trust operates a smoke free policy.

To give feedback on this leaflet please email feedback@uhcw.nhs.uk

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