

Women and Children's

Maternal medicine midwifery team

What is maternal medicine?

Maternal medicine is the care of women who have pre-existing, or pregnancy acquired medical conditions. Some examples include women with cardiac, renal, neurological and blood conditions.. A multidisciplinary team of health care professionals provide expert care during pregnancy. This team is made up of obstetricians, anaesthetists, doctors, specialist nurses and midwives.

What do we do?

We work as a team to provide antenatal care in hospital clinics, to make sure women have high-quality, evidence-based care plans for their pregnancy, delivery of the baby and for the postnatal period. The maternal medicine midwives also work on the labour ward to help look after women we may know from our caseload and to support the wider team. We aim to provide some continuity of care and serve as a single point of contact for your queries. If you are planning to deliver outside of UHCW, we also advise your local obstetric and midwifery team on the best way to manage your care, should that be needed.

How can you contact us?

Email: maternalmedicinemidwives@uhcw.nhs.uk

The team accesses this email during working hours, Monday to Friday. This is a great way to keep in touch with the team, provide updates and ask any **non-urgent** questions. We aim to get back to you by the next working day.



Patient Information

Note: Please do not contact the team by email with any urgent concerns or for urgent medical advice. For urgent matters, please contact the labour ward triage.

Phone:

If you have any concerns or need questions answered that same day, please contact:

Labour Ward Triage: 024 7696 7333

This is a 24-hour service.

We support several specialist antenatal clinics within UHCW:

Our services:

- **Renal** (Kidneys/blood pressure)
- **Rheumatology** (Inflammatory disorders)
- **Haemoglobinopathies** (Blood disorders)

Where are we?

Antenatal Clinic, Floor 1, Maternity department.

Our team:

- Dr. V Dhingra – Obstetric Consultant
- Dr. S Fletcher – Renal Consultant
- Dr. S Nicolle – Consultant haematologist
- Karen Newton-Connolly – Midwife

This clinic specialises in antenatal care for women who may have problems with their kidneys, blood pressure, or have had blood pressure problems in a previous pregnancy, like pre-eclampsia. The haematology team are also close by to provide care for women with blood disorders such as sickle cell anaemia.

Patient Information

In this clinic, you will either be seen by a consultant, senior registrar (doctor), or the specialist consultants as needed to allow multi-disciplinary planning for your pregnancy. You may be asked to use the maternal medicine midwives' email to report home blood pressure readings (if they are in normal ranges), and for any other non-urgent questions about your care.

maternalmedicinemidwives@uhcw.nhs.uk

Our services:

Diabetes - (Pre-Existing or Pregnancy Acquired/ Gestational Diabetes)

Where are we?

- Monday pm: Antenatal Clinic, Floor 1, Maternity department
- Tuesday pm: Wisdem Centre, UHCW
- Wednesday am/pm (gestational diabetes only): Wisdem Centre, UHCW

Our team:

- Dr. N Murthy - Consultant Diabetologist
- Dr. M Hussain – Consultant obstetrician
- Wendy Clayton - Diabetes specialist nurse
- Mandeep Kaur - Diabetes specialist midwife
- Judit Cami – midwife

The diabetes team run 3 clinics: one for women with gestational diabetes (diabetes in pregnancy) and separate clinics for type 1 and type 2 diabetes (pre-existing diabetes). You may visit these clinics only, or these clinics as well as your other doctor appointments or maternal medicine appointments.

Your main point of contact will be the diabetes specialist midwife, Mandeep Kaur, at Diabetesspecialistmidwife@uhcw.nhs.uk

Patient Information

Our services:

Cardiology (Heart Problems)

Where are we?

Wednesday am, Clinic 5, ground floor, General Outpatient department

Our team:

- Professor S. Quenby– Obstetric Consultant
- Dr. D Adamson – Cardiac Consultant
- Dr. S Quasim – Anaesthetic consultant
- Claire Hendry – Midwife and trainee advanced clinical practitioner
- Lyndsey Yates - Midwife

The cardiology clinic is for anyone with pre-existing or new concerns about their heart in pregnancy. This clinic offers you the opportunity to see the cardiologist, obstetrician, anaesthetist and midwife in 1 appointment. This means we can discuss any heart investigations, your baby's scans, pain relief, plans for delivery and any other questions or concerns as a team. This will reduce your overall number of hospital appointments but also allow for multidisciplinary team decisions.

This team email address is often useful for any non-urgent concerns about medications, appointments, investigations and more.

maternalmedicinemidwives@uhcw.nhs.uk

Our services:

Neurology (Conditions related to the brain and nervous system)

Where are we?

Friday am, Antenatal Clinic, Floor ,1 Maternity department

Patient Information

Our team:

- Dr. M Maitra – Obstetric Consultant
- Paula Taylor – Epilepsy specialist nurse
- Emma Jackson – Epilepsy specialist nurse
- Claire Hendry – Midwife and trainee advanced clinical practitioner
- Sandy Aujla – Midwife

The neurology clinic provides specialist care for pregnant women with pre-existing or pregnancy related neurological conditions, such as epilepsy, multiple sclerosis, myasthenia gravis, cerebrovascular disorders such as stroke and more. We work with other teams such as neurology consultants from UHCW and other hospitals, as well as the adult epilepsy nurse team, to make sure you are getting the best standard of care within your pregnancy.

This email address can be used for general enquiries, questions about investigations, blood results and more.

maternalmedicinemidwives@uhcw.nhs.uk

Our services:

Complex anaesthetic clinic

Where are we?

Thursday pm, Antenatal clinic, floor 1, maternity department

Our team:

Dr. J Elton – consultant anaesthetist

This clinic allows women with a variety of medical conditions or pregnancy “risks” to be seen by a consultant anaesthetist. This appointment covers discussions on pain relief in labour or any additional requirements for delivery, such as changes in medications or need extra observations. You

Patient Information

may be given this appointment regardless of whether you are planning a vaginal delivery or a C-section.

If you are scheduled for a C-section, you will also receive an appointment to discuss anaesthesia with an obstetric anaesthetist before the procedure.

Some further information and support:

Renal:

- Kidney care UK: www.kidneycareuk.org
- Pre-eclampsia support: www.action-on-pre-eclampsia.org.uk

Diabetes

- Diabetes UK: www.diabetes.org.uk
- Gestational diabetes support: www.gestationaldiabetes.co.uk

Cardiology

- British heart foundation: www.bhf.org.uk
- Cardiomyopathy support: www.cardiomyopathy.org
(search peripartum)

Neurology

- Epilepsy support: www.epilepsysociety.org.uk
- MS support: www.mssociety.org.uk

Miscellaneous

- BUMPs best use of medicines in pregnancy: www.medicinesinpregnancy.org
- UHCW maternity information: www.uhcw.nhs.uk/maternity

Patient Information

The Trust has access to interpreting and translation services. If you need this information in another language or format, please contact 27339 and we will do our best to meet your needs.

The Trust operates a smoke free policy.

Did we get it right?

We would like you to tell us what you think about our services. This helps us make further improvements and recognise members of staff who provide a good service.

Have your say. Scan the QR code or visit:

www.uhcw.nhs.uk/feedback



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