

## Maternity

### Mum plus one

Congratulations on the birth of your baby. Staff working at UHCW know this is a special and emotional time for you and your family.

You may want your partner or relative to stay with you overnight on ward 25. We welcome the support they give you during this time.

To help keep everyone safe, maintain privacy, and make sure all mums are treated with dignity and respect, please take a few moments to read the information below.

If you want someone to stay with you, they will need to follow these rules:

- Wash your hands often and use the hand gel provided.
- Only one adult partner or family member can stay overnight and during the day on ward 25. Other visitors can visit between 7pm and 8pm.
- There is not much space around the bed. Staff need room to care for your partner and the new baby. Please put your things in the locker and take bags and suitcases back to your car. This keeps the floor clear and safe.
- You must stay fully dressed at all times.
- You should not share the bed. You will be given a chair.
- Please do not lie on empty beds.
- You can help by collecting the mum's meals and refreshments if they want you to. If you need any help, please ask.
- You can use the visitor's toilet, but you will need to go home to wash or shower. We cannot provide food, drinks or bedding for you.



## Patient Information

### **Food**

You can buy food and drinks in the cafes and restaurants at:

- West Wing Reception on the first floor
- Main Reception on the ground floor

Hot food is served in the main canteen on the ground floor.

Opening times are:

- 8am to 11am
- 12pm to 4pm
- 5pm to 7:30pm

The canteen closes at 8pm. You can buy food from a vending machine from 7pm until 7am.

### **Noise**

Ward 25 is busy all day and night. Please try to keep noise as low as possible.

### **Parking charges**

If you stay overnight on ward 25, you will still need to pay for car parking.

### **Personal items**

Personal items and belongings are left at your own risk

### **Zero-tolerance policy towards abuse**

UHCW NHS Trust has a zero-tolerance policy on abuse of their staff. In some circumstances, the mum plus one stay may not be allowed. If you are asked to leave, please do so when asked.

### **More information**

If you have any questions or concerns, please speak to the midwife in charge.

If you would like to speak to a Supervisor of Midwives about any aspect of your care, you can contact one via the main switch board on 024 7696 4000.

## Patient Information

The Trust has access to interpreting and translation services. If you need this information in another language or format, please ask staff and we will do our best to meet your needs.

The Trust operates a smoke-free policy.

### Did we get it right?

We would like you to tell us what you think about our services. This helps us make further improvements and recognise members of staff who provide a good service.

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