

Children's Surgery

Circumcision: Parent/Carer Discharge Information

This leaflet contains advice and information about what to expect when your child leaves hospital following this procedure.

Nutrition

Your son may eat and drink normally after surgery. Please encourage your son to drink plenty of fluids to help him pass urine. If your son does not pass urine within 8 hours after the operation, try a lukewarm bath.

Mobility

Your son may feel tired or washed out once you go home. This may last a few days; your son will recover from his operation at his own speed.

Bathing

Please ensure your son has daily baths for 7-10 days following his operation but please ensure his wound is dried thoroughly, as if wet, there may be an increased risk of wound infection. **Do not use** talcum powder on his wound.

Encourage your son to wear loose clothing for example, pyjamas or tracksuit bottoms for the first few days. It is advisable to try and avoid wearing underwear until your son feels comfortable enough to do so.

Return to school / activity

Your son should stay off school for seven days. No contact sport, riding a



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bike or climbing for two to three weeks as this may cause discomfort, swelling or bleeding. However do not restrict him as children make their own guidelines and will do what is comfortable.

Wound Care

- Your son will have stitches in his wound. These are self dissolving and will fall out on their own
- It is normal for your son's penis to be red and swollen for about 7-10 days following the operation

If your child's wound:

- Begins to swell even more
- Starts to smell
- Discharges secretion or bleeds or if your son develops a high temperature;

Contact your GP or contact the Children's Emergency Department (CED) on 024 7696 6934.

Medication

It is advisable to give your son regular pain relief for the first few days to keep him as comfortable as possible. This will allow him to pass urine more easily. Recommended pain relief is paracetamol and / or ibuprofen. Do not exceed the manufacturer's recommended dose.

Follow-up appointment

If your son needs a follow up appointment in the Out-patients Department this will be sent to his home address, or alternatively he may be asked to see his own GP. You will be informed which applies to you before you leave the ward.

The Trust has access to interpreting and translation services. If you need this information in another language or format, please contact 024 7696 6850 and we will do our best to meet your needs.

The Trust operates a smoke free policy.

Patient Information

To give feedback on this leaflet please email feedback@uhcw.nhs.uk

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