

Children's Surgery

Circumcision: Patient Discharge Information

This leaflet contains advice and information about what to expect when you leave hospital following this procedure.

Nutrition

You may eat and drink what you want, but it is a good idea to drink more than normal to make sure you need the toilet.

Mobility

You will need to rest for a couple of days because of the effects of the anaesthetic you have been given.

Bathing

You will need to bath everyday for 10 days to help your wound to heal. Make sure you are completely dry afterwards to prevent infection.

Return to school / activity

You will need at least one week off school.

Wound care

You will need to wear loose clothing such as jogging bottoms without underwear for the first few days. Your wound will look red and sore for a few days. This is normal but you will need to tell your parent or carer if your wound:

- Looks really red
- Looks really swollen



Patient Information

- Is hot to touch
- Starts to ooze liquid

Your parent or carer will then contact the doctor for advice.

Medication

Your parent or carer has been given pain killers for you. These should be taken every four to six hours to keep you comfortable.

Stitches

The stitches in your wound are dissolvable and will slowly vanish within two weeks.

Follow-up appointment

If you need a follow up appointment in the Out-patients Department this will be sent to your home address, or alternatively you may be asked to see your own GP. You will be informed which applies to you before you leave the ward.

The Trust has access to interpreting and translation services. If you need this information in another language or format, please contact 024 7696 6850 and we will do our best to meet your needs.

The Trust operates a smoke free policy.

To give feedback on this leaflet please email feedback@uhcw.nhs.uk

Document History

Department:	Children's Surgery
Contact:	26850
Updated:	August 2021
Review:	August 2023
Version:	4.2
Reference:	HIC/LFT/1681/13