

Paediatric Diabetes

Paediatric Diabetes – Wearing Identification

It is advisable for all people with diabetes to wear or carry identification. This will inform people that you have diabetes and give a contact number of someone who knows you very well, for instance your mum or dad.

There are two main reasons for this:-

- If you are ever unwell and unable to tell people that you have diabetes, which may happen if you are hypoglycaemic (low blood glucose) or hyperglycaemic (high blood glucose), your ID will tell them you have diabetes. This means you will be treated quicker and more effectively.
- If you are involved in an accident and are unable to tell people you have diabetes, people can read your ID and will know that you will need your insulin and glucose and/or carbohydrates very soon.

Your Paediatric Diabetes Specialist Nurse will provide an ID card for you to keep with you at all times. Alternatively you could look for necklaces or bracelets to wear, which can have your details put on them, in jewellery shops or on the Internet.

Websites to look on are:

www.medicalert.org.uk

www.universalmedicalid.co.uk

www.theidbandco.com

www.mediband.com

www.facebook.com/LolaSaturnJewelleryDesign



Patient Information

I.C.E.

I.C.E. stands for In Case of Emergency. Put an ICE number on your mobile phone contacts. For example ICE Mum, ICE Dad, ICE home. Paramedics will look on your phone for this number in an emergency.

The Trust has access to interpreting and translation services. If you need this information in another language or format, we will do our best to meet your needs. Please contact the Department on 024 7696 7230.

The Trust operates a smoke free policy.

To give feedback on this leaflet please email feedback@uhcw.nhs.uk

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