





Paediatric Respiratory

Wheeze Action Plan

AFFIX BANDA LABEL

If your child is...	What you should do
 <p>Generally well with occasional symptoms of wheeze, cough, shortness of breath</p>	<p>Give 2 to 4 puffs of the salbutamol inhaler when needed to relieve symptoms.</p>
 <p>Unwell e.g. has a cold with wheeze / cough / shortness of breath</p>	<p>Give 4 to 6 puffs of the salbutamol inhaler every 4 hours then reduce this slowly as symptoms improve.</p> <p>If your child needs this for more than 1 or 2 days or needs the inhaler more often than every 4 hours, see a GP.</p>
 <p>Having severe symptoms e.g. breathless, unable to speak in full sentences, breathing hard and fast</p>	<p>Give 10 puffs of the salbutamol inhaler.</p> <p>Seek GP advice or follow the information above if symptoms improve.</p> <p>If there is no improvement, follow the next step.</p>
 <p>Not improving Breathless, has blue lips, is tired or floppy, and is not responding to salbutamol inhaler</p>	<p>Call 999 for an ambulance.</p> <p>Give 10 puffs of the salbutamol inhaler using the spacer every 15 minutes until the ambulance arrives.</p>



Patient Information

Preventer medicines

Give these every day, even when your child is well:

Further Information

Useful contact numbers:

NHS non-emergency number: 111

Emergency number: 999

Your GP telephone number:

If you have any other questions or need further information, please call the Children's Department on 024 7696 6921.

The Trust has access to interpreting and translation services. If you need this information in another language or format, please ask and we will do our best to meet your needs.

The Trust operates a smoke free policy.

Did we get it right?

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