Diagnosis Stage Parkinson's Disease (PD) Guidelines

Diagnosis of Parkinson's suspected

Key features of Parkinson's are:

- Slowness of movement
- Stiffness
- Tremor (at rest, usually starts unilaterally)
- Loss of balance

Ensure patient is not on dopamine-blocking drugs

eg Prochlorperazine, Metoclopramide, Cyclizine
eg Haloperidol or other anti-psychotics

Refer untreated to specialist Movement Disorder or PD Clinic*

UHCW – Dr Strens, Dr Teare, Dr Samra
Rugby – Dr Strens, Dr Lindahl
GEH – Dr Teare
Warwick – Dr Griffiths, Dr Thanvi, Dr Wears, Dr Samra
Stratford – Dr Griffiths, Dr Strens, Dr Lindahl

*NICE Guidelines 2017

Diagnosis of Parkinsonism

No – manage as appropriate

Yes

Ongoing PD clinic review for disease progression and consideration of additional pharmacological intervention

Consider referral to MDT

- Physiotherapy
- Occupational therapy
- Speech and Language Therapy
- Parkinson's therapy programmes
- Psychology
- Social Services

Referral to Hospital PD specialist nurse **Newly Diagnosed Clinic**

Referral to **Community PD specialist nurse** for ongoing support and advice

Referral to MDT for intervention as needed

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