

Vegan menu

Information

This menu contains no animal products, no dairy products or honey. All products are suitable for a vegetarian and vegan diet.

You will also find a variety of vegan choices on our standard menu for all mealtimes including breakfast.

Starters

Fruit Juice ♥

Lighter options

Jacket Potato

Plain ♥

with Sunflower Spread **LP**

with Baked Beans ♥ **GF**

Sandwich

Hummus & Bean on Wholemeal Bread

Salad

Rainbow Chickpea **GF**

Main courses

Cauliflower &

Butterbean Curry ↑ ★ **GF LP**

Served with yellow rice.

Provençale Vegetable Bake ♥ **GF**

Courgette, haricot beans and peppers, topped with sauté potatoes. Served with green beans, peas and broccoli.

Spicy Bean Casserole ♥ **GF**

Served with potato wedges, broccoli, peas and sweetcorn.

Vegetable Jalfrezi **LP** 🌶️

Served with toor dhal and rice.

Aubergine, Peas & Potatoes **LP**

Served with toor dhal and rice.

Okra Masala **LP** 🌶️

Served with toor dhal and rice.

Black Eye Bean **LP** 🌶️

Served with mixed vegetables and rice.

Hot desserts

Apple Crumble **LP**

Cold desserts

Fresh Fruit ♥

Apple Puree Pot ♥ ★ **GF**

Alpro Soya Dessert Vanilla Pot ♥ ★

Raspberry Jelly ♥ ★ **GF**

Orange Jelly (sugar free) ♥ ★ **GF**

Further information regarding nutritional content and food allergens is available upon request; please ask your Catering Team.

Menu codes

GF Gluten Free

↑ Higher Energy

LP Low Potassium

♥ Healthier Eating

🌶️ Mild Spicy

★ Easy to Chew

🌶️ Medium Spicy