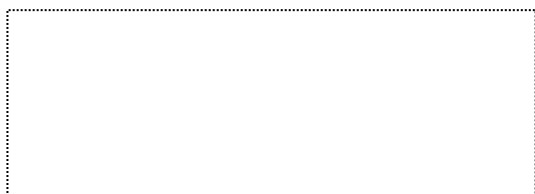






Paediatric Respiratory Department

Wheeze Action Plan

Banda Label



	If your child is...	What you should do
	Generally well with occasional symptoms of wheeze, cough, shortness of breath	You can give 2-4 puffs of the blue inhaler (Salbutamol) when needed.
	Unwell e.g. has a cold with wheeze / cough / shortness of breath	Give 4-6 puffs of the blue inhaler (Salbutamol) regularly every four hours then reduce this as needed. If your child needs this for more than 1-2 days, seek medical attention.
	Has severe symptoms (e.g. is breathless, unable to speak in full sentences, breathing hard and fast)	Give 10 puffs of the blue inhaler (Salbutamol) and either seek GP advice or if feeling better after the inhaler (see points above) or if no improvement follow the next step.
	Breathless, has blue lips, is tired or floppy, is not responding to the Salbutamol inhaler	Please call 999. Repeat 10 puffs of the blue inhaler (Salbutamol) if you are waiting longer than 15 minutes.



Patient Information

Any preventer medicines:

(Take these every day, even when well)

Useful contact numbers:

NHS Non-emergency number: 111

Emergency number: 999

Your GP contact telephone number:

The Trust has access to interpreting and translation services. If you need this information in another language or format please contact 024 7696 7013 and we will do our best to meet your needs.

The Trust operates a smoke free policy

To give feedback on this leaflet please email feedback@uhcw.nhs.uk

Document History

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