

## How to ask a question?



If you are worried about an infection or have any questions please ask your nurse. You can also talk to the Infection Control Team on: **024 7696 4791**.



## How to stop the spread of germs and infections



This leaflet was produced in partnership with UHCW's Patient Experience Team, Health Information Team, the Trust's Equality and Diversity Team, Grapevine Coventry and Coventry and Warwickshire Partnership NHS Trust.



Smoking is not allowed inside or outside of the hospital. If you smoke and would like help quitting please call: 024 7696 4760.

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# Steps you and your visitors can take to stop germs spreading:



Always wash your hands after using the toilet and before you eat.



Bring your own toiletries and towel into hospital.



Men should bring in their own shaving equipment.



Tell staff if you see dirt or dust on the ward.



Remind staff and your visitors to clean their hands.



Ask staff and your relatives to help keep your bed area tidy and clutter free.



Always walk around the hospital with your shoes on.



Ask your visitors to stay away if they are unwell.



Ask your visitors not to sit on your hospital bed or to use the toilets for patients.



Only 2 visitors are allowed to visit at one time.